



# United in Wellness Cancer Walk & Trick or Treat Trot 5K



Sunday, October 29, 2017 – 9 a.m.

Exeter Hospital Campus - Exeter Healthcare Building

4 Alumni Drive, Exeter, NH

*(Race Day Check-in & Post Race Refreshments)*

This course is great for all skill levels. The start is flat with a gradual downhill for about a ½ mile, then becoming flat for approximately another ½ mile. The course then is very gradual uphill until about mile 1.3. Once on High Street, it is a gradual downhill to Buzzell Ave. On Buzzell Ave., there is a short incline then gradual downhill and then becomes flat to the finish.

Start: By Rite Aid on Alumni Drive\*

Right: Portsmouth Ave.

Right: Holland Way

Right: High Street

Right: Buzzell Ave.

Finish: Parking Lot (Exeter Healthcare Building)

\* Walk and Trot 5K participants will walk up from the Exeter Healthcare Building to the start at approximately 8:45 a.m.

