

Susan Burns-Tisdale Memorial Award For Patient Service

Susan Burns-Tisdale served as Exeter Health Resources' Chief Nurse Executive for 12 years prior to passing away from cancer in 2020. A hallmark of Susan's career was her unwavering focus on patients and her extraordinary commitment to inter-professional team collaboration to better serve patient needs. This monetary award is dedicated to her memory, and recipients exemplify Susan's vision for ideal patient care. Three recipients are announced each quarter, and the recipients from the first quarter of fiscal year 2022 are: Mary Brackens, LNA, Progressive Care; Ashley Mitchell, RN, Family Center; and Sarah Stevens, RN, Clinical Practice Leader, Intensive Care.



Mary Brackens, LNA, Progressive Care; Ashley Mitchell, RN, Family Center; and Sarah Stevens, RN, Clinical Practice Leader, Intensive Care.

Your gift will help us continue to recognize outstanding patient care. Learn more and donate at [unitedinwellness.org](https://unitedinwellness.org).

Paving the Way

Each of the two gardens that will line the new main entrance to the Falzone Center for Cancer Care will offer a limited number of commemorative paver bricks. In recognition for a donation of \$1,500 to the **Together We Can** capital campaign, a loved one may be honored or memorialized on a paver (or \$2,500 for two separate pavers).

Mary Ellis, Pharm D., Operations Manager for the Oncology Pharmacy at Exeter Hospital, was one of the first donors through this opportunity. In her own words: "My daughter Katelyn and I sponsored a paver with my husband Ed's name. Ed was extremely proud of my career and the fact that I worked for Exeter Hospital. Whenever he introduced me, it was never simply as his wife. Instead he would say, 'This is my wife, Mary. She is an Oncology Pharmacist at Exeter Hospital.' Sponsoring a paver in his memory is my way of thanking him for always encouraging me to pursue my path."

For a donation of \$5,000 or more, your name (or that of a loved one) will be inscribed on a lovely glass display in the renovated main entrance area of the Falzone Center for Cancer Care.

These opportunities are limited! **To learn more, email [advancement@ehr.org](mailto:advancement@ehr.org) or call 603-580-6668. To sponsor a paver, you may also visit [unitedinwellness.org](https://unitedinwellness.org).**



Mary Ellis, Pharm D., Operations Manager for the Oncology Pharmacy at Exeter Hospital



Exeter Health Resources signs Letter of Intent with Beth Israel Lahey Health

Exeter Health Resources, including Exeter Hospital, Core Physicians, and Rockingham Visiting Nurse Association & Hospice, has signed a Letter of Intent with Beth Israel Lahey Health (BILH) to further explore the opportunity for Exeter to join BILH. The decision represents the first step toward reaching a definitive agreement intended to strengthen, enhance and expand local access to high quality healthcare in New Hampshire.

To learn more, visit [exeterhospital.com](https://exeterhospital.com).



Cancer Survivors' Day 2022 Celebration

Sunday, June 12  
12:00 - 3:00 pm  
Stratham Hill Park

Join us to celebrate with an afternoon of outdoor fun, including local food trucks, live music and entertainment. The event is free and open to the public. All funds raised through raffles and other donations at the event will support the **Together We Can** campaign.

Exeter, Hampton and Portsmouth Chambers of Commerce



Business After Hours

Hosted by  
Exeter Hospital's

Together We Can

Campaign Cabinet

Tuesday, July 19 • 5:00 - 7:00 pm

Grill 28 Restaurant at Pease Golf Course  
200 Grafton Road, Portsmouth, NH

NON-PROFIT ORG.  
U.S. POSTAGE  
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RAM COMPANIES

MAY 2022

ISSUE 14



EXETER HOSPITAL • ROCKINGHAM VNA & HOSPICE • CORE PHYSICIANS



Davis Farmer, Chair, Together We Can Campaign Cabinet and Pearla Phillips, Chair, United in Wellness Leadership Advisory Board visit the site where the new expansion is being constructed for Exeter Hospital's Michael and Jeanne Falzone Center for Cancer Care.

Together We Can

Why did we name Exeter Hospital's capital campaign **"Together We Can"**? Because together with our community, we can build upon the best of what we do and create the highest vision of what Exeter Hospital can be for the New Hampshire Seacoast. This \$4 million campaign consists of four comprehensive components that will support and expand our outstanding services for the community:

- Build a more spacious and patient-centered home for Exeter Hospital's Michael and Jeanne Falzone Center for Cancer Care
- Provide world-class pediatric care in the Emergency Department, for pediatric inpatients, and for newborns in the Family Center
- Support mental health care in the Emergency Department
- Recognize hospital healthcare heroes who provide exceptional patient care

**"Supporting Together We Can means investing in the future of our local healthcare. I want the best for my family and friends and if you want the same, I invite you to join me."**

– Pearla Phillips, Chair,  
United in Wellness Advisory Board

**"The new expanded space will improve the quality of life of all our cancer patients and their families and make it easier for our staff to maintain the highest standards of care available anywhere. Your donation is more than a gift to the hospital, it is an investment in our community, for our friends and neighbors and our own families. We invite you to use the enclosed envelope or to go online to our website to make a donation now and help us make this world-class facility a reality for all of us."**

– Davis Farmer, Chair,  
Together We Can Campaign Cabinet

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**To make a gift or learn more, visit [unitedinwellness.org/togetherwecan](https://unitedinwellness.org/togetherwecan)**



Together We Can

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Eileen McDonald

*“A cancer diagnosis is terrifying, yet every day I hear from our patients that they truly feel loved – from the valet staff who park their cars, to the registration staff, nurses, surgeons, everyone. Please join me in keeping this rich resource here in our community.”*

- Eileen McDonald, director of the Falzone Center for Cancer Care



Lisa Keslar

*“As a two year survivor of breast cancer, I understand the importance of having workable, useable space that works both for the staff and for the patients. It’s so important in your journey to have places where you can have privacy, places to be comfortable, places to have intimate conversations...I encourage you all to think carefully about this opportunity and participate in this important cause to help provide a really fantastic local facility. Please support the Exeter Hospital campaign.”*

– Lisa Keslar, Together We Can Cabinet Member

World-Class Pediatric Care in Exeter

Your gift toward the \$500,000 fundraising goal for pediatric care will help Exeter Hospital continue to provide the very best pediatric care for newborns in the Family Center, children in the Emergency Department, and pediatric inpatients.

Fourteen year old Seth Noble came into the Emergency Department in January 2022 with COVID-19 pneumonia and a fever of 102. He was having trouble breathing and his oxygen saturation was down to 84. His mother, Lisa Noble, is a nurse herself at Core Cardiology and shared these words about their experience:



Seth Noble made a complete recovery, and is looking forward to another season as a junior dragster racer.

*“Dr. (Elizabeth) Gale saw my son in the ED and she was great, very no-nonsense which is what we needed. Seth was admitted to the inpatient pediatric area where Angela was his nurse, and she was amazing. She was caring not only for my son, but for me, knowing that I was so worried especially since I am a nurse myself and knew what could be coming. We had a respiratory therapist named Wendy who was also great, she calmed my son down when he was going onto the high oxygen. They also helped calm him down when the decision was made to transport him to Mass General by helicopter. My son has made a complete recovery and has mentioned to me how much it meant to him that Exeter was there for him when he needed them. Thank you.”*

To learn more or donate, visit [unitedinwellness.org](https://unitedinwellness.org).

Expanding Mental Health Crisis Care

Help us expand our ability to care for patients needing emergency mental health care and support by donating to this crucial component of the Together We Can campaign. Hear about the urgent need for expanded mental health care support and services from Glenn Hebel, MD, Exeter Hospital Emergency Department (ED):

*“The number of patients who come to the Emergency Department needing behavioral health care or in mental health crisis has risen significantly over the last several years. In the last two years, the pandemic has made this even worse, and this increased need has been especially pronounced with children and adolescents. Many of these patients require care in an inpatient psychiatric hospital, but the number of available inpatient beds is nowhere near enough to meet the need, so patients wait in local hospital emergency departments. We routinely have multiple patients waiting days and days in our ED for an inpatient bed somewhere. Our providers and staff do an incredible job taking care of these patients the best that they can, but the ED is far from the ideal place to be stuck for days, weeks or sometimes even months if you are experiencing a mental health crisis, especially if you are a child or a teenager.”*

Your donation can help Exeter Hospital provide the very best care and support possible for patients and families in mental health crisis who come to the ED for emergency care. Visit [unitedinwellness.org](https://unitedinwellness.org) to learn more.



Glenn Hebel, MD (center) with ER nurses

We invite you to join us!

You can make a difference for patients and the community as a Together We Can Ambassador! Ambassadors help build awareness and galvanize support for the campaign and the positive impacts it will have on our community’s health. There are so many ways to get involved, from hosting an event, participating in one of our exciting upcoming events, or just sharing the news.

What inspired Frank Morrow to become an ambassador? He is a cancer survivor who is “standing here today because of Exeter Hospital”. Frank says, “When you are diagnosed with cancer you go in with a lot of anxiety. The nurses and doctors put me in a relaxed state. They explained everything. They made my chemotherapy infusions very easy, even enjoyable. And nurse practitioner Gwenda Graham always took the time to listen, even when I was feeling chatty.”



YongLi Ji, MD, PhD (left) and Gwenda Graham, PhD, MSN, ANP-BC were two of the providers who Frank says provided him with expert and compassionate care.

Frank is sharing his story so the community will understand the importance of supporting such compassionate care right here in Exeter.

Join us! Learn more at [unitedinwellness.org](https://unitedinwellness.org).



Samantha Moore with Steven Loh, MD

A Golf Win for Cancer Care

Mike Moore’s Together We Can Golf Tournament, which has raised nearly \$30,000 for the Together We Can capital campaign, is back on June 13, 2022 at the Breakfast Hill Country Club in Greenland, NH. Mike’s daughter Samantha was diagnosed with a rare but very treatable form of cancer when she was in fifth grade – both Mike and Samantha are very thankful to her Core Physicians’ pediatrician Dr. Steven Loh for recognizing the initial lump as abnormal, as well as the providers at Exeter Hospital and Massachusetts General Hospital who treated her. Mike started the golf tournament as a way to give back.

Samantha said this about her cancer care providers, “They were so loving and caring and concerned. They were there every step of the way.” Now a 27-year old youth minister, Samantha has had her final checkup and was cleared. Learn more and register at [unitedinwellness.org](https://unitedinwellness.org).



THE BAMFORD FAMILY  
Ultimate Golf Raffle

This spring, Paul and Mary Bamford will raffle off 10 Ultimate Golf prizes, including two rare and coveted tickets to the final day of the 122nd United States Open Championship at The Country Club in Brookline, MA on June 19, 2022. The 10 winning tickets will be drawn on May 26th at a celebration for the Bamford family, and raffle ticket purchasers are invited to attend.

Tickets are \$100 each and just 200 will be sold.

All proceeds benefit the Michael and Jeanne Falzone Center for Cancer Care at Exeter Hospital. Since 2016, Paul and Mary Bamford have raised \$113,000 for the Center in memory of their son Chris, who was diagnosed with stage four colon cancer in 2016. He subsequently passed away 10 months later, at age 35. Their goals are to increase awareness for colon cancer, promote colonoscopies for those over 30 and to aid in the fight against all cancers. Buy your ticket today at [unitedinwellness.org](https://unitedinwellness.org).

WE ENVISION A DAY WHEN OUR COMBINED RESOURCES SHIFT OUR FOCUS TO  
MAINTAINING WELLNESS OVER TREATING ILLNESS.

Your gift can help.  
DONATE AT: [UNITEDINWELLNESS.ORG](https://unitedinwellness.org)